

## 10. Antioxidant activity and microorganisms in nest products of *Tetragonisca angustula* from Mérida, Venezuela.

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### Abstract

There is abundant information about the antioxidant activity of honey, pollen and propolis, but antioxidant activity of stingless bee nest products is less well known. In this work *in vitro* total antioxidant activity (TAA), flavonoid and polyphenol contents of ethanolic extracts of *Tetragonisca angustula* nest products were assessed. The highest TAA was observed in ethanolic homogenates of cerumen pots, followed by propolis, cerumen and honey. Preliminary data are given on isolated microorganisms (*Bacillus* sp., *Candida* sp., *Staphylococcus* sp.) in different structures of the nest.

### Key words:

Antioxidant activity, flavonoids, microorganisms, nest, polyphenol content, *Tetragonisca angustula*, Venezuela

### Introduction

Stingless bees are eusocial insects that live in the tropical and subtropical regions of the world in colonies ranging from a few dozens to 100,000 or more adult workers (Michener, 2000). They are key pollinators of local plants (Slaa et al., 2006) and produce highly appreciated honey (Cortopassi-Laurino et al., 2006). Although the amount of honey

produced is relatively small, compared to *Apis mellifera*, there is a recent interest in the quality of stingless bee hive products, due to its great potential presenting antitumoral, antimicrobial and antioxidant activities (Gómez-Caravaca et al., 2006).

It is known that honey, pollen and propolis are rich in phenolic compounds, which act as natural antioxidants, and these stingless bee products are

becoming increasingly popular because of their potential uses in contributing to human health. Those compounds can also be used as indicators in studies of the floral and geographical origin of the honey and propolis themselves (Jaganathan et al., 2010). However, little is known about antioxidant activity of honey, propolis and other products inside the stingless bee nest itself. There are some reports about the antioxidant activity of stingless bee honey (Persano Oddo et al., 2008; Rodríguez-Malaver et al., 2010); and several reports on antimicrobial, antiproliferative and cytotoxic activities of stingless bee propolis (Umthong et al., 2009; Liberio et al., 2011; Choudhari et al., 2012).

Due to their therapeutic properties, bee products have received renewed interest (Banskota et al., 2001) as an essential natural resource that can be employed in new therapies free from side effects that are often encountered with the use of synthetic chemical medicines (Kelly et al., 2005). However, the market competition on these products imposes extra conditions that can only be ensured by complying with quality assurance and certification protocols (Al-Waili et al., 2012). In this sense, honey can be polluted via different sources of contamination, including pesticides, heavy metals, bacteria, and radioactive materials. In regard to the microorganisms in honey, their presence may influence quality and safety of honey (Al-Waili et al., 2012). The microbes found in honey and honeycomb are bacteria, molds, and yeast; come from the bees, nectar or from external sources, like pollen, honey bee intestines, humans, equipment, containers, wind, and dust (Engel et al., 2012). Pollen may be the original source of microbes in the intestines of honeybees, containing 1% yeast, 27% Gram-positive bacteria (*Bacillus*, *Bacteridium*, *Streptococcus* and *Clostridium* spp.) and 70% Gram-negative bacteria (*Achromobacter*, *Citrobacter*, *Enterobacter*, *Erwinia*, *Escherichia coli*, *Flavobacterium*, *Klebsiella*, *Proteus*, and *Pseudomonas*) (Gilliam and Prest, 1987; El-Leithy and El-Sibael, 1992).

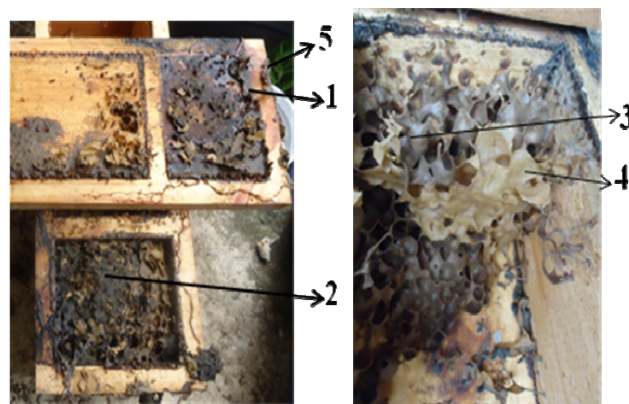
This study was designed to assess *in vitro* antioxidant activity and phenolic composition of ethanolic and methanolic extracts of *Tetragonisca angustula* nest products and structures (honey, propolis, cerumen pots, cerumen entrance tube) and for preliminary characterization of associated microbiota.

### 10.1 Stingless bee products and structures

Pot-honey of *T. angustula* was extracted from cerumen pots with a pipette. Propolis and cerumen (entrance, pots, involucrum) were also collected, as shown in Figure 1. A weight of  $100 \pm 10$  mg of each

product was placed on a glass homogenizer (Thomas No. A3528, USA), and 1 mL of ethanol 95% (v/v) (Riedel de Haën, Europe) were added, and homogenized on an ice bath. Homogenates were centrifuged in a BHG Optima II (USA) centrifuge at 3,000 rpm for 10 min, and supernatants were used for biochemical analysis.

To isolate microorganisms, sterile hyssops were rubbed on nest surfaces were placed in capped tubes with 3 mL sterile brain heart infusion BHI (Imedia, London, United Kingdom), and incubated at 37°C during 24-48h, until turbidity was perceived.



Photograph: EM Pérez-Pérez

**Figure 1. Beehive products used in this study**

1. Propolis, 2. Nest cerumen, 3. Dark cerumen honey pot,
4. Light cerumen honey pot, 5. Entrance cerumen.

### 10.2 Analytical methods

All experiments were done in triplicate. Data were analyzed by ANOVA, with average comparison through *post hoc* Scheffé test using SPSS 12.0 (SPSS) software. Are indicated statistical differences to  $p < 0.05$ .

#### 10.2.1 Total antioxidant activity by the ABTS<sup>•+</sup> method

The assay method of ethanolic decolorization with ABTS (Sigma, Canada) was dissolved in water to a 7 mM concentration. ABTS radical cation (ABTS<sup>•+</sup>) was produced by reacting 7 mM stock solution with potassium persulfate (Merck, Darmstadt, Germany) to a final concentration of 2.45 mM (in water), in the dark at room temperature (RT) for 12-16 h before use (Re et al., 1999). For bee product analysis, ABTS<sup>•+</sup> solution was diluted with 20% ethanol (v/v) until 0.60-0.70 absorbance units at 735 nm, 100  $\mu$ L of homogenates were diluted in methanol or ethanol, and mixed with 7.5 ml of ABTS<sup>•+</sup> solution diluted in ethanol 20% (v/v). Absorbance values were measured 6 min after mixture. A solution of 8 mM Trolox (Sigma, Steinheim, Germany) was used as antioxidant standard. Trolox was diluted to obtain 1,

2, 4 and 8  $\mu\text{M}$  in 5 mM PBS buffer (pH 7.4). Decolorization percentages at 734 nm after 6 min was calculated and plotted as a function of different Trolox concentrations, and TAA was reported accordingly. TAA value for a given sample would be equivalent to Trolox concentration that produces the same decolorization percentage.

### 10.2.3 Biochemical analytical methods

**Polyphenol content** was analyzed by spectrometry at 765 nm using Folin-Ciocalteu (Sigma-Aldrich, St. Louis, USA) reagent (Singleton et al., 1999). One hundred microliters of a was mixed with 500  $\mu\text{L}$  of Folin-Ciocalteu's reagent diluted 1/10 with water, to which 400  $\mu\text{L}$  of sodium carbonate was added (Sigma, Steinheim, Germany) 7.5% (w/v). Absorbance at 765 nm was recorded after 10 min of reaction at 37°C, against a blank with MQ water instead of ethanolic extract. The polyphenol concentration was estimated with a calibration curve using a solution of 0.1 g/L of gallic acid (Sigma, Steinheim, Germany) as standard (0, 0.25, 0.05 and 0.1 g/L).

**Protein content** was determined by spectrometry at 750 nm by the method of Lowry et al. (1951) with bovine serum albumin (Riedel de Haën, Europe) as the standard.

**Flavonoid content** was measured using a modification of the aluminum chloride method (Woisky and Salatino, 1998). The flavonoid concentration was measured with a calibration curve using standard solutions of quercetin (Sigma, Steinheim, Germany) diluted up to 25, 50 and 100  $\mu\text{g}/\text{mL}$  in ethanol 80% (v/v). Standard solutions (0.5 mL) were mixed with 1.5 mL 95% (v/v) ethanol, 0.1 mL of aluminum chloride (Fisher Scientific, New Jersey,

USA) 10% (w/v), 0.1 mL of potassium acetate (Sigma-Aldrich, USA) 1M and 2.8 mL of distilled water. After incubation at ambient temperature for 30 min, absorbance was recorded at 415 nm. In a similar way, 0.5 mL of ethanolic extracts of bee products reacted with aluminum chloride for flavonoid content determinations.

### 10.2.3 Identification of microorganisms in the nest

Standard microbiological procedures (Velazco et al., 2008) were used to isolate and identify microbial growth. Turbid BHI incubated tubes, were plated to isolate and screen the growth of yeast and *Bacillus* (in blood agar), Enterobacteria (in MacConkey agar), *Staphylococcus* (in mannitol salt agar). Further Gram tincture of isolated colonies for the observation of microscopic morphology were done before the following confirmation tests: *Bacillus* (catalase, blood agar), Enterobacteria (oxidase, Kligler, LIA, MIO, citrate), *Staphylococcus* (catalase, coagulase), yeast (blood agar, bilis agar).

### 10.3 Relationship of antioxidant activity to total polyphenol content

The highest polyphenol content was observed in dark cerumen honey pots (Table 1). The flavonoid and protein contents were highest in propolis.

Honey from different pots in the same nest was uniform. A positive correlation was found between TAA values and polyphenol content ( $R^2 = 0.987$ ). Finally, TAA values were similar to, and sometimes higher, than those found for other antioxidants extensively studied like lipoic acid, quercetin and melatonin (Table 2).

**Table 1. Flavonoid, polyphenol and protein contents of ethanolic extracts of *Tetragonisca angustula* nest products**

<i>Tetragonisca angustula</i> products	Flavonoids content (mg of quercetin equivalents/100 g pot-honey, cerumen or propolis)	Polyphenol content (mg equivalents gallic acid/100 g pot-honey, cerumen or propolis)	Protein content (mg proteins/ 100 g pot-honey, cerumen or propolis)
Pot-honey 1	336.5 $\pm$ 1.9 <sup>b</sup>	418.4 $\pm$ 1.2 <sup>a</sup>	486.0 $\pm$ 1.3 <sup>d</sup>
Pot-honey 2	362.1 $\pm$ 2.0 <sup>b</sup>	458.5 $\pm$ 4.2 <sup>a</sup>	531.4 $\pm$ 1.6 <sup>c</sup>
Pot-honey 3	359.1 $\pm$ 1.1 <sup>b</sup>	413.4 $\pm$ 8.2 <sup>a</sup>	560.1 $\pm$ 1.1 <sup>c</sup>
Pot-honey 4	364.2 $\pm$ 1.6 <sup>b</sup>	411.6 $\pm$ 4.4 <sup>a</sup>	655.5 $\pm$ 4.5 <sup>f</sup>
Pot-honey 5	359.6 $\pm$ 1.7 <sup>b</sup>	444.1 $\pm$ 2.9 <sup>a</sup>	601.8 $\pm$ 1.6 <sup>f</sup>
Dark cerumen honey pot	300.1 $\pm$ 2.2 <sup>a</sup>	<b>667.6 <math>\pm</math> 1.9<sup>d</sup></b>	179.5 $\pm$ 3.2 <sup>b</sup>
Light cerumen honey pot	317.6 $\pm$ 2.9 <sup>a</sup>	598.4 $\pm$ 1.4 <sup>c</sup>	48.1 $\pm$ 3.3 <sup>a</sup>
Nest cerumen	471.5 $\pm$ 1.9 <sup>c</sup>	589.7 $\pm$ 3.4 <sup>c</sup>	380.5 $\pm$ 3.2 <sup>c</sup>
Entrance cerumen	364.7 $\pm$ 1.8 <sup>b</sup>	575.1 $\pm$ 3.1 <sup>b</sup>	656.4 $\pm$ 1.7 <sup>f</sup>
Propolis	<b>518.1 <math>\pm</math> 1.6<sup>d</sup></b>	591.4 $\pm$ 3.5 <sup>c</sup>	<b>676.8 <math>\pm</math> 2.6<sup>f</sup></b>

Data are mean  $\pm$  SE values ( $n = 3$ ). Columns within a sample sharing the same letter are not significantly different by ANOVA *post hoc* Scheffé test ( $P < 0.05$ ). Cerumen is highlighted.

**Table 2. Total antioxidant activity (TAA) of ethanolic extracts of *Tetragonisca angustula* products**

<i>Tetragonisca angustula</i> nest products	Total antioxidant activity (TAA) µmoles Trolox equivalents (TEAC/100 g pot-honey, cerumen or propolis)
Pot-honey 1	122.1 ± 5.9 <sup>b</sup>
Pot-honey 2	96.9 ± 2.1 <sup>a</sup>
Pot-honey 3	128.2 ± 1.3 <sup>b</sup>
Pot-honey 4	128.8 ± 5.0 <sup>b</sup>
Pot-honey 5	137.9 ± 4.4 <sup>b</sup>
Dark cerumen honey pot	<b>307.2 ± 5.4<sup>f</sup></b>
Light cerumen honey pot	225.3 ± 17.1 <sup>c</sup>
Nest cerumen	221.6 ± 10.9 <sup>c</sup>
Entrance cerumen	161.6 ± 6.1 <sup>c</sup>
Propolis	190.6 ± 4.7 <sup>d</sup>
Quercetin	100.6 ± 1.7 <sup>a</sup>
Melatonin	97.6 ± 5.1 <sup>a</sup>
Lipoic acid	124.7 ± 3.1 <sup>b</sup>
$R^2$	0.987
$P$	0.021

Data are mean ± SE values ( $n = 3$ ). The same superscript letter is for not significant differences by *post hoc* Scheffé test ( $P < 0.05$ ).  $R^2$  correlation and  $P$  refer to the lineal correlation between polyphenol content and the antioxidant activity. Cerumen is highlighted.

#### 10.4 Pot-honey and propolis antioxidant activity

The TAA activity of ethanol extracts of several nest products of *T. angustula* from Mérida-Venezuela. was decreasing from was dark cerumen pot, light cerumen honey pot, light cerumen honey pot, propolis, laminate involucrum and entrance cerumen, honey (Table 2). In the same way, the highest polyphenol content values were observed in propolis, dark cerumen honey ethanolic homogenates; and the same trend is observed in flavonoids content (Table 1). There is a positive relation between polyphenol content and antioxidant activity (TAA values).

The evidence about the antioxidant activity of honey and propolis and its relationship with total polyphenol content, and especially flavonoid concentration, is numerours. Honey and other bee products, such as royal jelly and propolis may be used as functional foods because of their naturally high antioxidant potential. Apart from sugars, honey contains many minor components with antioxidant activity, among them amino acids and proteins, carotenes, phenolic compounds and flavonoids,

ascorbic acid, organic acids, and Maillard reaction products (Al-Mamary et al., 2002; Gheldof et al., 2002).

According to Aljadi and Kamaruddin (2004), the antioxidant capacity of honey and propolis is due to the content of phenolic compounds and flavonoids, and there is a high correlation between them and the antioxidant capacity of honey, although a synergism between several compounds is present (Johnston et al., 2005; Küçük et al., 2007). Propolis also contains amino acids, phenolic acids, flavonoids, terpenes, steroids, aldehydes, and ketones which account for its antioxidant activity (Borrelli et al., 2002).

However, the majority of studies are done with honeys and other *Apis mellifera* products, and very little is known about the composition and biological activity of stingless bee products. In this sense, the results presented in this study are in concordance with the report of Persano Oddo et al. (2008), who studied several physicochemical parameters of honey produced by *Tetragonula carbonaria* from Australia. In this work, the antioxidant activity, was  $233.96 \pm 50.95$  µM Trolox equivalents/100 g of honey, while in the present study is ranged between 96.9 to 307.2 µM Trolox equivalents/100 g of honey, being the highest for dark and light cerumen pots.

The results also resemble those reported by Rodríguez-Malaver et al. (2009), on properties of honey produced by 10 stingless bee species (*Melipona crinita*, *M. eburnea*, *M. grandis*, *M. illota*, *Nannotrigona melanocera*, *Partamona epiphytophila*, *Ptilotrigona lurida*, *Scaptotrigona polystica*, *Scaura latitarsis*, and *Tetragonisca angustula*) from Peru, ranging in polyphenol contents from 99.7 to 464.9 mg gallic acid equivalents/100g, and the antioxidant capacity from 93.8 to 569.6 micromoles Trolox equivalents/100 g. The entomological differences between the samples reported in this study and those reported in literature can be due to several factors like nectar source, climate, soil type, genetic factors, among other possible factors (Yao et al., 2003).

As mentioned previously, the antioxidant activity is basically due to the presence of phenolic compounds and flavonoids, although the mechanism of action is unknown. The free radical sequestration, hydrogen donation, metallic ion chelation, or their action as substrate for radicals such as superoxide and hydroxyl, are proposed mechanisms (Al-Mamary et al., 2002). The biophenols may also interfere with propagation reactions, or inhibit the enzymatic

systems involved in initiation reactions (Maruyama et al., 2010).

According to the above, the antioxidant activity can represent an important parameter to determine if a honey or propolis is genuine, and increase added value of honey and propolis of *T. angustula* for nutritional and pharmaceutical applications.

### 10.5 Antioxidant activity of honey pots, nest and entrance cerumen

In the results presented in this study we find that the highest antioxidant activities belong to dark and light cerumen pots, batumen and cerumen. These TAA values are even greater than those found for purified and known antioxidants like lipoic acid, quercetin and melatonin (Table 2). These TAA values are higher than those found for honey and propolis of the same beehive, which is an interesting finding because it is the first time that the antioxidant capacity of these products from the hive of stingless bees has been studied. A positive correlation between TAA values and total polyphenol content was found (Table 1 and 2).

The nests of stingless bees have been studied and described from different points of view by different authors. The stingless bee nests in almost any cavities that are available, from tree holes up space in homes of towns (Dos Santos et al., 2010). Conditioning of the bee nests serves to house young and old, to ward off enemies and weather (rain, wind, temperature), and also to store the food collected from plants (nectar).

The primary use of resins by honey bees is for caulking cracks and crevices in the walls of nest cavities, for adding it to brood combs, for embalming intruders and for disinfection (Winston, 1987; Roubik 1989; Michener 2000). In stingless bees, cerumen is also important for colony defense, and it is kept in deposits as a sticky material. In colonies of *Tetragonisca angustula* (Latreille) and species of *Plebeia*. Nogueira-Neto (1997) isolated viscous propolis clusters throughout the interior of the colonies. The bees use these substances in threatening situations, for incapacitating small enemies, as observed in *Plebeia saiqui* (Pick and Blochtein, 2002). When mixed with the product of wax glands, propolis will form the cerumen, which is incorporated mainly in the involucrum, on the food pot walls and on the nest entrances (Roubik, 2006).

According to what we mention above, several resins are present in a stingless bee hive. In first place the honey and pollen pots, used for honey and pollen

deposits and beekeeping, respectively. These pots are constructed from cerumen, which is a mixture of wax and resins. Stingless bees have secretory wax glands located between the segments of the upper abdomen. This wax is mixed with resins collected from some trees required for the formation of cerumen (Roubik, 2006). In the second place the egg cells and nest layers. Sometimes adding stones, leaves, fibers or animal waste improves the cerumen strength, especially in exposed nests. In third place the bitumen, a hardened material resulting from the mixture of cerumen with mud or sand, or even plant fibers. This layer serves to seal cracks or delimit the nest in tree cavities (Teixeira et al., 2005).

With respect to the antioxidant activity of honey pots, nest cerumen and entrance cerumen, this is the first report known about TAA values of these beehive products. The only report about some bioactivity of cerumen is the report of Massaro et al. (2011) who studied the potential anti-inflammatory properties of cerumen produced by *Tetragonula carbonaria* from Australia, finding that cerumen extracts had similar potency to Trolox to inhibit the *in vitro* of 5-lipoxygenase (5-LOX) in a cell-free assays, but were less potent than honeybee propolis or gallic acid. The results presented in this study, warrant further investigation of the ecological and medicinal properties of stingless bee cerumen, honey pots and nest cerumen, which may herald a commercial potential for the Venezuelan beekeeping industry.

### 10.6 Microorganisms isolated from the nest

Microorganisms isolated from different structures of the *T. angustula* nest are indicated in Table 3. Plant and insect vectors may explain their presence until functional relationships will be revealed. *Bacillus* sp. was the most frequent microorganism in the studied nest products. This spore-forming bacteria was found in the inner involucrum, entrance tube, propolis, pot-pollen, column. Gilliam et al. (1990) previously reported the presence of three species of *Bacillus* (*B. alvei*, *B. circulans*, *B. megaterium*) in *Melipona fasciata*, currently renamed as *M. panamica*.

The presence of unidentified yeast species in the tip of the entrance tube, suggests its environmental origin outside the nest –as explained by Rosa et al. (2003) and Menezes et al. (2013), or associated with adult bees, since they walk on the entrance tube. Indeed, some yeast species found in adult bees are distinctive in the flowers they may visit (Rosa et al., 2003).

**Table 3. Isolated microorganisms in the *T. angustula* nest**

<i>Tetragonisca angustula</i> nest products	Isolated microorganism
Foam of pot-honey	-
Pollen	<i>Bacillus</i> sp.
Tip of entrance tube	unidentified yeast species
Base of entrance tube	<i>Bacillus</i> sp.
External cerumen pot	-
Inner cerumen pot	<i>Staphylococcus</i> sp.
External involucrum	-
Inner involucrum	<i>Bacillus</i> sp.
Cerumen column	<i>Bacillus</i> sp.
Propolis	<i>Bacillus</i> sp.

Cerumen is highlighted.

In general, the action of molds and yeasts on sweetened foods is merely infective (*Candida albicans*, *Cryptococcus neoformans*), but mold level leading to the formation of mycotoxins (*Aspergillus* spp., *Fusarium* spp.) should be prevented. Certain molds can cause poisoning in children or adults with digestive problems, and probably that the presence of *C. albicans* is occasional or accidental, introduced into the entrance tube by chance or unhygienic handling during harvesting or processing of honey (Martins et al., 2003). Rosa et al. (2003) studied yeast communities associated with stingless bees, and found a strong association of *T. angustula* with the yeast *Starmerella meliponinorum*.

Antimicrobial properties of honey prevent the growth of many microorganisms. However, a few pathogens are found in honey, especially spore forming microorganisms such as *Bacillus cereus*, *Clostridium perfringens*, and *Clostridium botulinum*. The *Clostridium botulinum* population did not change over a year at 4°C (Snowdon, 1999). In Nigerian honeys several species of the genus *Bacillus* (*B. cereus*, *B. megaterium*, *B. polymyxa*, *B. licheniformis*, *B. firmus*, and *B. pumilis*) were found, but yeasts and moulds were not detected (Omafuvbe and Akanbi, 2009). On the other hand, members of *Staphylococcus* have been found in honey and bees from Latvia, besides *Enterococcus* spp., *Corynebacterium* spp., *Corynebacterium* spp. and *Bacillus* spp.) (Lace et al., 2008); particularly *Staphylococcus albus* in honey marketed in Saudi Arabia, (Al-Hindi, 2003).

Most of these studies on microorganisms in bee nests identify isolated bacterial and fungal communities; data on symbiotic relations between bees and microbiota relationships is scarce (Morais et al., 2013). Some microorganisms are widely distributed, and their presence in bees as 'cosmopolitan gut bacteria' is a temporary term used

until a function is demonstrated. Lactic acid bacteria isolated from honey and pollen of *T. angustula* may suppress spoilage bacteria (CA Rosa, personal communication), like the antagonist effect against chalkbrood pathogen (Gilliam, 1997; Yoshihama and Kimura, 2009). Considering a plant origin of *Staphylococcus* present in the gut of *Apis cerana japonica* (Yoshiyama and Kimura, 2009) is not sufficient to explain the presence of this bacterium in the inner cerumen pot of the nest of *T. angustula*. Composition of the substrate and interaction with inhibitory compounds may explain the presence of the yeast in the tip of the entrance tube –lighter color than the rest of the cerumen tube, possibly containing less resin, as tested burning these materials with a match. A higher yeast concentration in unripe pot-honey than the final product may indicate their role during honey ripening by *Melipona quinquefasciata* (Calaça, 2011, cited in Morais et al. 2013). Our preliminary data still need to confirm the species of microorganisms possibly with ancient based association with this bee, as assumed by Gilliam (1997).

*Bacillus* species are used by bees to convert, ferment, enhance, and/or preserve food, this process may occur during collection of nectar and pollen, as storage pots are filled, before brood cells are sealed, and during the 5-10 d delay before eggs hatch. The *Bacillus* species are metabolically active and produce numerous enzymes. Thus, these bacteria could produce chemicals such as fatty acids and antibiotics that inhibit competing organisms (fungi and other bacteria) as well as enzymes that convert food into more digestible products for storage (Gilliam et al., 1990).

These preliminary results confirm the presence of *Bacillus* spp. in nest products as previously reported by Gilliam et al. (1990), related to storage time of the processed materials in cerumen pots after pollen processing and brood-cell provisioning.

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